

FREEZER COOKING MENU

BREADS

- [Whole Wheat Pizza dough](#) (make 2 recipes to make 4 pizza crusts)
- [Garlic Bread](#)
- [Dinner Rolls](#) (makes 24)

BREAKFASTS

- [Blueberry and Greek Yogurt muffins](#) (makes 12)
- [Breakfast Burritos](#) (makes 20)
- [Whole Wheat Chocolate Chip Pancakes](#) (makes 12-16)
- [Mini Omlettes](#) (makes 8-10)
- [Make Ahead Oatmeal Smoothies](#) (make in whatever flavor/quantities you prefer)

DINNERS

- [Lasagna](#) (make 2)
- [Mexican Chicken Chilli](#) (double recipe)
- [Frozen Pizzas](#) (Make 4-use this dough recipe or the whole wheat one)
- [Greek Marinated Chicken breasts](#) (double recipe to make 6-8 breasts)
- [Crockpot Fiesta chicken soup](#) (double recipe)
- [Spicy Southwest Marinade for chicken](#) (marinate in packages of 2-3 breasts, freeze then grill, or grill ahead of time to use on salads, quesadillas etc)
- [Mama's Meatloaf](#) (make 2)
- [Slow Cooker Chilli](#) (double recipe)
- [Baked Penne with Chicken and Tomatoes](#) (recipe makes 2)
- [Creamy Chicken Casserole](#) (recipe makes 2)

